



Why stick with the AWE study program?

Hugh: I just think that if people coming to the Academy with the thinking that they learned a lot from Buddhism in the past; but none of the things they learned that gave them any new meanings or new learning. So when they found the Academy; they thought this is about brand new way of teaching about Buddhism.

Dr. Lo: Yes

Hugh: Then they need to have a way; why they need an open mind to grasp the concept no matter how long because they already have been doing a lot of other things in their past and none of them really make them or get enlightenment or make them happy, very unsatisfied journey. But they shouldn't, to me, those people - they shouldn't have any questions. Once they found this new way of teaching, the new way about Buddhism then they just going to have to like close their eyes... not accept it but have a really serious mind.

Jenny: See that is the problem.

Dr. Lo: There are very few people like that. What you have described, so few people and your wife are just about the only person who fit your description.

Hugh: Because I'm actually sticking up for her. I remember every time when she comes home she always complained to me that she is very frustrated. Because whatever she heard from... you know the actual religion. Some of them, she keeps thinking; it does not sound right to her so she got frustrated. And then Oh, Lord behold she found the Academy, so it's like faith. She said "wow they are totally different way of learning what Buddhism is about" So then you know, because she got frustrated for whatever else she studied. And she thought maybe this is another thing that she found - a new way of thinking, new way of learning and who knows she may be frustrated again? But no, the Academy so far succeeded convincing her this is the way of learning Buddhism, right. So I mean people out there, when they got into the website; they have to be like in her mind set when she was about three years ago. There she is lost, right? I lost count of how many gurus, how many teachers she followed. And none of them, people actually like her, in order to accept, not even to accept but give the Academy a chance.

Chi: That's right, not easy.

Jenny: You have to be willing to open up your mind; otherwise you will never be able to stay on because so many have such an enclosed small mind. Once they get frustrated; they would say "hell with it, I'm leaving" This is exactly, but if you're willing to open up, then you're willing to stay on for one lesson, maybe the next lesson. And if you've stayed, I

believe and happier through it, then probably you would stay. But if you go before that, no, I'm sorry. You will not stick...

Hugh: Is not like you go and try coffee, right, before at Tim Horton and you don't like it you go to Starbucks, right? And you don't like Starbucks, you go to...you know it is not like that. You have to think differently, religion is not food.