



	Enlightenment En = become Lighten = eminence, luminary	明了 明 = 明白清楚 了 = 完結 = 了脫生死 = 解脫
Q1	What is enlightenment?	什麼是明了?
A1	Enlightenment is the opposite of unenlightened	明了是無明的相反。
Q2	What is unenlightened?	什麼是無明?
A2	No light.	暗晦。
Q3	What does no light mean?	暗晦指的是什麼?
A3	Can't see a thing.	甚麼都看不見。
Q4	See what thing?	看不見甚麼東西?
A4	Reality.	真實相。
Q5	What is reality?	什麼是真實相?
A5	Everything.	所有一切。
Q6	What do you mean by everything?	一切是什麼意思呢?
A6	Everything means everything; the way you think, the way you feel, from a single thought to the entire cosmos.	一切就是指所有一切, 你的思維, 你的感知, 由一個單念到整個宇宙。
Q7	You mean enlightenment is to know all of these?	你指的明了就是要知道所有一切?
A7	Yes	是的。
Q8	How is it possible to know everything?	那我如何有可能知道所有一切?
A8	Increase your knowledge capacity.	提升你的知識容量。
Q9	How to increase my knowledge capacity?	怎麼可以提升我的知識容量?
A9	Open your mind is the first step to enlightenment.	打開你的心量 (開吾心 = 開悟) 是明了的第一步。
Q10	How to open my mind?	如何打心量?
A10	Click here for "How to open your mind" lecture, and then Click here for "How to transcend duality" lecture.	點擊這裏便可連接 "如何打開心量" 課程。點擊這裏可連接 "如何離二邊" 課程。